Tennis

Lessons begin the week of June 11th and run through August 2nd and are divided into two separate sessions. Structured lessons with emphasis on patience, will surely make an “ACE” in no time. Stroke development, game rules, practice format and match strategies are reviewed throughout the program. Participants are encouraged to bring their own racket, water bottles, use sunscreen and/or wear a hat. All skill levels are welcome and taught by high school, college players and coaches. Each program is 50 minutes in length and held at Nicolet High School. Directed by NHS Head Tennis Coach Tim Koppa. Lessons may be canceled due to inclement weather and may not be re-scheduled. Refunds are not issued due to weather conditions.

Session I

Date: June 11 - July 5 (skip 7/4)
Day: Mondays - Thursdays
Location: Nicolet High School - Lower Tennis Courts
Fee: $128.00R/$148.00NR
Min/Max: 5/30

<table>
<thead>
<tr>
<th>Level</th>
<th>Time</th>
<th>Program#</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pee Wee</td>
<td>10:00 - 10:50am</td>
<td>311020-01</td>
</tr>
<tr>
<td>Pee Wee</td>
<td>11:00 - 11:50am</td>
<td>311020-02</td>
</tr>
<tr>
<td>Beginner</td>
<td>10:00 - 10:50am</td>
<td>311020-04</td>
</tr>
<tr>
<td>Beginner</td>
<td>11:00 - 11:50am</td>
<td>311020-05</td>
</tr>
<tr>
<td>Advanced Beginner</td>
<td>11:00 - 11:50am</td>
<td>311020-08</td>
</tr>
<tr>
<td>Advanced Beginner</td>
<td>12noon - 12:50pm</td>
<td>311020-09</td>
</tr>
<tr>
<td>Intermediate</td>
<td>11:00 - 11:50am</td>
<td>311020-11</td>
</tr>
<tr>
<td>Intermediate</td>
<td>12noon - 12:50pm</td>
<td>311020-12</td>
</tr>
</tbody>
</table>

Session II

Date: July 9 - August 2
Day: Mondays - Thursdays
Location: Nicolet High School - Lower Tennis Courts
Fee: $128.00R/$148.00NR
Min/Max: 5/30

<table>
<thead>
<tr>
<th>Level</th>
<th>Time</th>
<th>Program#</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pee Wee</td>
<td>10:00 - 10:50am</td>
<td>311020-13</td>
</tr>
<tr>
<td>Pee Wee</td>
<td>11:00 - 11:50am</td>
<td>311020-14</td>
</tr>
<tr>
<td>Beginner</td>
<td>10:00 - 10:50am</td>
<td>311020-16</td>
</tr>
<tr>
<td>Beginner</td>
<td>11:00 - 11:50am</td>
<td>311020-17</td>
</tr>
<tr>
<td>Advanced Beginner</td>
<td>11:00 - 11:50am</td>
<td>311020-20</td>
</tr>
<tr>
<td>Advanced Beginner</td>
<td>12noon - 12:50pm</td>
<td>311020-21</td>
</tr>
<tr>
<td>Intermediate</td>
<td>11:00 - 11:50am</td>
<td>311020-23</td>
</tr>
<tr>
<td>Intermediate</td>
<td>12noon - 12:50pm</td>
<td>311020-24</td>
</tr>
</tbody>
</table>

Classification

Pee Wee: Strictly age 3-6 years.
Beginner (7-14 years old): Has basic motor skills and is strong enough to begin advance strokes and strategy.
Advance Beginner (7-14 years old): Strokes are proficient but not consistent. This player shows interest in competition.
Intermediate (7-14 years old): Strokes are more consistent and player is interested in match play.

Tim Koppa
Tim is the Head Girls/Boys Tennis Coach at Nicolet. The Knights have 9 state championships during his tenure. He also coached Division I tennis at UW-Milwaukee from 1989-94. Tim has taught tennis in the North Shore area for over 25 years during the summer months. He is a physical education teacher at Nicolet. “I don’t think you’ll find a better summer tennis recreation program in Wisconsin.”

Instead of watching your child play tennis you can play as well!

Cardio Tennis For Adults

Cardio Tennis is a high energy fitness activity that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout. It is a very social and fun class for players of all ability levels. If you’ve never played tennis before, it is a great way to be introduced to the sport. If you are an experienced high level tennis player, it is the best way to train for tennis. Walk-ups welcome, drop-in fee of $15.00.

Day: Tuesdays & Thursdays
Time: 11:00 - 11:50am
Location: Nicolet High School Lower Tennis Courts
Fee: $96.00R/$106.00NR
Min/Max: 5/8
Instructor: NHS Tennis Staff

Questions? Contact:
Tim Koppa
(414) 852-4563
tim.koppa@nicolet.us

Weather Cancelation Hotline:
(414) 351-7589

register with:
Nicolet Recreation
6701 N. Jean Nicolet Rd.
Glendale, WI 53217

Phone: (414) 351-7566
Fax: (414) 351-4053
www.nicolet.us

On-line registration: https://rec.nicolet.k12.wi.us
**Household Information:**

- **Date:** ____________________________  Alumni ___
- **Name (person filling out form):** _____________________________________________
- **Address:** ___________________________________________________________________
- **City:** ____________________________ **State:** _______ **Zip:** ______________
- **Home Phone:** ____________________ **Cell Phone:** _________________________
- **E-mail Address:** ___________________  

**Waiver and Release of Claims**

“As a participant/parent/guardian in this program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss which my child may incur or sustain as a result of participating in any and/or all activities connected with or associated with such a program. I agree to save and hold harmless of all claims, any child may incur or may have as a result of participating in this program against the Nicolet Recreation Department/Nicolet High School and its officers, agents, servants and employees from any and all claims for injuries, damages or loss which my child may incur or may have as a result of my child's participation in this program. I further agree to indemnify and hold harmless and release the Nicolet Recreation Department/Nicolet High School and its officers, agents, servants and employees from any and all claims resulting from injuries, damages or loss sustained by me/our child as a result of my/my child's participation in any such program. I have read and fully understand the above program details and waive and release of all claims.”

**Concussion & Head Injury Disclosure**

“As a Parent and as an Athlete it is important to recognize the signs, symptoms, and behaviors of concussions. By agreeing to this form you are stating that you understand the importance of recognizing and responding to the signs, symptoms, and behaviors of a concussion.”

For more information go to: http://www.nicolet.k12.wi.us/cms_files/resources/concussion.pdf

**Parent Agreement:**

I have read the Parent Concussion and Head Injury Information and understand what a concussion is and how it may be caused. I also understand the common signs, symptoms, and behaviors. I agree that my child must be removed from practice/play if a concussion is suspected. I understand that it is my responsibility to seek medical attention if a suspected concussion is reported to me. I understand that my child cannot return to practice/play until providing written clearance from an appropriate health care provider to his/her coach. I understand the possible consequences of my child returning to practice/play too soon.

**Athlete Agreement:**

I have read the Athlete Concussion and Head Injury Information and understand what a concussion is and how it may be caused. I understand the importance of reporting a suspected concussion to my coach and my parents/guardian. I understand that I must be removed from practice/play if a concussion is suspected. I understand that I must provide written clearance from an appropriate health care provider to my coach before returning to practice/play. I understand the possible consequences of returning to practice/play too soon and that my brain needs time to heal.

**Signature____________________________________________________________**  **Date_______________**

---

**Reduced Fee School Meal Program for Nicolet School District Students**

For those families who meet the criteria for free school meal program, your child’s class fee can be reduced by 50% (supplies and materials excluded). School lists will be used to verify eligibility. “I certify that my child/children is/are eligible for the reduced fee school meal program”

**Signature _________________________________________________________**

**Reduced Fee School Meal Program for Nicolet School District Students**

<table>
<thead>
<tr>
<th>Name</th>
<th>Sex</th>
<th>Birthdate</th>
<th>Grade</th>
<th>Program#</th>
<th>Program Name</th>
<th>Fee</th>
</tr>
</thead>
</table>

**Cash ___ Check ___ / #_____ made payable to Nicolet Recreation Dept.**

**Credit Card ___ MasterCard ____ Visa ____ Expiration Date_________**

**Card number __ __ __ __ - __ __ __ __ - __ __ __ __ - __ __ __ __**

**Cardholder Name____________________________________________**

<table>
<thead>
<tr>
<th>Reduced Fee School Meal Program for Nicolet School District Students</th>
<th>Subtotal Fee:</th>
<th>Less Reduced Fee:</th>
<th>Total:</th>
</tr>
</thead>
</table>

| Ways To Register: On-line!, Mail, Fax, Walk-In, Phone, & Drop Box |