Junior Knights Wrestling

Team – Phase I

This club is for the beginner and experienced wrestlers looking to learn and improve on the fundamentals of wrestling. It will introduce & teach basic wrestling positions & moves from the up, down and neutral positions. Participants will learn wrestling with an emphasis on technique, positioning & sportsmanship in a fun, fast-paced atmosphere. Program instructed by Nicolet Jr. Knights Wrestling Coaches and Nicolet HS Wrestling Coaches. If you have questions or concerns about the program, equipment and other fees please call Coach Ott at 414-303-7187 or email him at: jotts@att.net

*Option 1: USA Wrestling Card Included: for wrestlers who don’t already have a 2017-18 USA Wrestling Card and who are planning to complete at tournaments during the season. Fee includes t-shirt, USA Card: $40 value & admission into the Nicolet Jr. Knights Tournament.

Option 2: USA Wrestling Card Not-Included: for wrestlers who have already purchased their 2017-18 USA Wrestling Card or who will plan to purchase their card at their first tournament. You can also renew your cards online at: http://www.usawmembership.com
USA Card required for tournaments – tournament entrance fees, transportation, and equipment fees added as needed

** NOTE - all returning wrestlers with USA cards are strongly encouraged to renew their cards on-line

Date:
November 28 – January 18
(skip 12/26, 12/28)

Day:
Tuesdays and Thursdays

Time:
6:00 - 7:30pm

Location:
Nicolet High School - Upper North Gym Balcony

Grade:
K4 - 8th grade

Min/Max:
10/50

Instructor:
NHS Wrestling Coaching Staff

Register with:

Option:
I - USA Wrestling Card Included

Fee:
$95.00R/$105.00NR

Program#:
111210-01

Option:
I - USA Wrestling Card Not Included

Fee:
$55.00R/$65.00NR

Program#:
111210-02
Household Information:
Name (person filling out form):
Address:
City: State: Zip:
Home Phone: Cell Phone:
E-mail Address:

Waiver and Release of Claims

"As a participant/parent/guardian in this program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss which I/ my child may sustain or suffer as a result of participating in any and all activities connected with or associated with such a program. I agree to exonerate and indemnify all claimants or agents, which may arise out of my/our participation in any program against any and all actions, suits, claims, costs, demands or losses, which I/ my child may sustain or may incur as a result of my/our participation in any program.

I agree to waive and relinquish all claims which I/ my child may sustain or may incur as a result of participating in this program. I further agree to indemnify and hold harmless the Nicolet Recreation Department/Nicolet High School and its officers, agents, servants, and employees from any and all actions, suits, claims, costs, demands or losses, which I/ my child may sustain or may incur as a result of my/our participation in any program. I/ we have read and fully understand the above program details and waiver and release of claims.

For the activities that apply:

Concussion & Head Injury Disclosure

"As a Parent and as an Athlete it is important to recognize the signs, symptoms, and behaviors of concussions. By agreeing to this form you are affirming that you understand the importance of recognizing and responding to the signs, symptoms, and behaviors of a concussion or head injury."

For more information go to: http://www.nicolet.k12.wi.us/cms_files/resources/concussion.pdf

Parent Agreement:
I have read the Parent Concussion and Head Injury Information and understand what a concussion is and how it may be caused. I also understand the common signs, symptoms, and behaviors. I also understand that if a concussion is suspected, I must provide written clearance from an appropriate health care provider to my child before returning to practice/play. I understand the possible consequences of returning to practice/play too soon.

Rental Fee School Meal Program for Nicolet School District Students

For those families who meet the criteria for free school meal program, your child’s class fee can be reduced by 50% (supplies and materials excluded). School lists will be used to verify eligibility. "I certify that my child/children is/are eligible for the reduced fee school meal program"

Signature

Ways To Register: On-line!, Mail, Fax, Walk-In, Phone, & Drop Box

Subtotal Fee:
Less Reduced Fee:___
Total:___

Cash ___ Check ___ / #_____ made payable to Nicolet Recreation Dept.
Credit Card ___ MasterCard ____ Visa ____ Expiration Date_____
Card number ____________________________
Cardholder Name____________________________
Signature _________________________________ Date __________